The 3-Lever Sizing Playbook

The exact system to size every trade in 60 seconds, so the math never spirals against you.

Everyone tells you to size your positions. Nobody gives you a tool that works for crypto's volatility. This playbook is that tool. It’s a mechanical system for turning your research, risk tolerance, and market conditions into a precise dollar amount for every trade, every time. No gut feelings, just math.

THE INNER CIRCLE

THE SHORT VERSION

01 Calibrate your personal Risk Per Trade (RPT) based on your actual life situation, not a generic 1% rule.

02 Use the 5-point Conviction Scoring Rubric to turn your qualitative research into a hard number.

03 Deploy the Volatility Adjustment Table to let the market's chaos automatically scale your risk.

04 Fill out the 3-Lever Sizing Calculator to get an exact position size in under 60 seconds.

05 Run the Pre-Trade Checklist to catch emotional sizing decisions before they cost you.

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How to Use This Playbook (Read This First)

This isn't another article. It's a machine.

You already know position sizing matters. You've heard the horror stories. You probably even know the brutal math: a 50% drawdown requires a 100% gain just to get back to even. Knowing isn't the problem. Doing is the problem.

This playbook is designed for doing. We're not going to re-hash the theory. We're going to build your personal sizing system, piece by piece, right now.

The entire system is built on three simple levers that work together to give you a final, objective position size for any trade. It looks like this:

Lever 1: Your Personal Risk Per Trade (RPT)
This is your personal red line, calculated based on your portfolio and life situation.

⬇

Lever 2: Your Conviction Score
This turns your research and thesis into a 1-5 score, which acts as a multiplier.

⬇

Lever 3: The Market's Volatility
This uses a simple market indicator (ATR) to automatically scale your size up or down based on current chop.

These three inputs feed into a final calculator. That's it. No emotion, no second-guessing, no waking up in a cold sweat wondering if you aped too much.

> ***By the end of the next section, you'll have your personal RPT number. Total time: 15 minutes. Let's start.***

Our only goal here is to get you from 'I think this is a good idea' to 'My system says I should risk exactly $X on this trade.' This is how you stay in the game long enough for your good ideas to compound.

ACTION ITEMS

- Commit to 15 minutes to complete the first worksheet in the next section.
- Grab your portfolio's current total value. You'll need it for the first calculation.

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§ 01

Lever 1: Find Your Risk Per Trade (RPT)

The 1-2% rule is a good start. It's also lazy.

Telling everyone to risk 1% per trade is like telling everyone to wear a size 10 shoe. It fits some people perfectly, but it's a disaster for most. Your RPT shouldn't be a generic number. It should be calibrated to your specific financial situation.

Is your crypto bag your entire net worth, or 5% of it? Can you replace losses with your salary, or is this money you can't afford to lose? Do you start making terrible decisions after a 15% drawdown or a 40% one? These things matter more than a random rule from a trading book.

Let's find your real number. We'll start with a baseline and then adjust it with three modifiers.

THE RPT CALIBRATION WORKSHEET

Fill this out. Be honest. No one's looking.

Part 1: Baseline Risk

- **My Total Investable Portfolio (All Assets):** $____________
- **My Crypto Portfolio:** $____________

Part 2: The Modifiers

Answer these three questions to find your personal risk modifiers.

1. Portfolio Concentration Factor: How much of your total investable portfolio is in crypto?
(Crypto Portfolio / Total Portfolio)

- □ Over 50% (You're all-in on crypto) → **Modifier = 0.5x**
- □ 20% - 50% (Crypto is a major allocation) → **Modifier = 1.0x**
- □ Under 20% (Crypto is a satellite position) → **Modifier = 1.5x**

2. Income Replacement Buffer: If you lost 50% of your crypto portfolio tomorrow, how much would it sting?

- □ 'It would be devastating. I can't easily replace this capital.' → **Modifier = 0.75x**
- □ 'It would suck, but I can earn it back with my job/business over time.' → **Modifier = 1.0x**
- □ 'It's annoying, but it wouldn't change my life. I can replenish it easily.' → **Modifier = 1.25x**

3. Drawdown Tolerance Threshold: Historically, at what point of portfolio loss do you feel yourself making emotional, gut-based decisions instead of rational ones?

- □ At a 10-15% drawdown, I start checking prices constantly and feeling stressed. → **Modifier = 0.75x**
- □ I can stomach a 20-30% drawdown before it affects my decision-making. → **Modifier = 1.0x**
- □ I've been through a 50%+ drawdown and didn't panic-sell. → **Modifier = 1.25x**

Part 3: Your Calibrated RPT

Now, let's put it together. We'll use a 1.5% baseline and apply your modifiers.

Your Calibrated RPT (%) = 1.5% × (Modifier 1) × (Modifier 2) × (Modifier 3)

My RPT = 1.5% × ______ × ______ × ______ = _________%

My RPT in Dollars = My Crypto Portfolio Value × My Calibrated RPT (%)

$___________ × _________% = $___________ per trade.

> ***This final dollar amount is your new religion. It's the maximum you're allowed to lose on any single trade idea. Period.***

WORKED EXAMPLE: THE $75K MID-CAREER PRO

- **Crypto Portfolio:** $75,000
- **Total Portfolio:** $300,000
- **Concentration:** 25% (Crypto is a major allocation) → **Modifier = 1.0x**
- **Income Buffer:** Can earn it back over time → **Modifier = 1.0x**
- **Drawdown Tolerance:** Can stomach 20-30% → **Modifier = 1.0x**
- **Calculation:** 1.5% × 1.0 × 1.0 × 1.0 = **1.5% RPT**
- **Risk in Dollars:** $75,000 × 1.5% = **$1,125 per trade**

This is your foundation. Every decision we make from here on out builds on this number.

WORKSHEET

RPT CALIBRATION WORKSHEET

Part 1: Baseline Risk

My Total Investable Portfolio (All Assets): $______________

My Crypto Portfolio: $______________

Part 2: The Modifiers

1. Portfolio Concentration Factor: ☐ Over 50% (0.5x) ☐ 20-50% (1.0x) ☐ Under 20% (1.5x)

2. Income Replacement Buffer: ☐ Devastating (0.75x) ☐ Can earn back (1.0x) ☐ Easy to replenish (1.25x)

3. Drawdown Tolerance Threshold: ☐ Stressed at 15% (0.75x) ☐ OK until 30% (1.0x) ☐ Handled 50%+ (1.25x)

Part 3: Your Calibrated RPT

My RPT (%) = 1.5% × (Mod 1) × (Mod 2) × (Mod 3) = ______________%

My RPT in Dollars = My Crypto Portfolio Value × My RPT (%) = $______________

ACTION ITEMS

- Complete the RPT Calibration Worksheet.
- Write down your final RPT in dollars. Put it on a sticky note on your monitor.

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Lever 2: The Conviction Scoring Rubric

Conviction is a feeling. A score is a tool.

"High conviction" is one of the most dangerous phrases in crypto. It's code for "I really want this to work," and it's how you end up with a 25% allocation to a memecoin that's down 90%. As one trader on Reddit put it, you "put too much in your losers and God it hurts." We need to replace that feeling with a process.

The Conviction Scoring Rubric is a 5-point checklist. It forces you to prove your thesis is more than just a vibe. For each trade idea, you'll go through these five questions and give yourself a 0 or 1 for each. The total score (from 0 to 5) determines your position size multiplier.

THE 5-POINT CONVICTION RUBRIC

✅ Score 1 if Yes | ❌ Score 0 if No

1. Catalyst Clarity: Is there a specific, verifiable event this trade is based on? (e.g., Mainnet launch next week, tokenomics change proposal passing, major conference presentation). Or is it based on a general feeling like 'the tech is good' or 'this narrative is hot'?

2. On-Chain/Data Confirmation: Does at least one piece of quantitative data support your thesis? (e.g., Exchange outflows increasing, smart money accumulation visible on-chain, development activity spiking, daily active users growing).

3. Risk/Reward Ratio: Have you clearly defined your entry, your stop-loss, and your first take-profit target? Is the calculated R:R greater than 3:1? If your stop is 'I'll see how it feels,' the answer is no.

4. Narrative Alignment: Is this trade flowing with the dominant market narrative (e.g., buying AI tokens during an AI craze) or is it a counter-narrative trade that's fighting the tide? Flowing with the narrative is a 'Yes'.

5. Position Independence: If you had zero current position in this asset, would you still take this exact trade right now? Or are you adding to a losing position to 'lower your average'? A fresh entry is a 'Yes'. Adding to a loser is a 'No'.

TURNING YOUR SCORE INTO A SIZE

Add up your points. This gives you a score between 0 and 5. Here's how that translates to your position size:

- **Score 0-2 (Low Conviction):** Half Size → **0.5x Your RPT**
- **Score 3 (Standard Conviction):** Standard Size → **1.0x Your RPT**
- **Score 4-5 (High Conviction):** Max Size → **1.5x Your RPT (Hard Cap)**

That's right. The absolute most you can ever size up, even on a perfect 5/5 setup, is 1.5x your standard risk. This is the circuit breaker that prevents one 'high conviction' mistake from blowing up your account.

> ***This isn't about being right. It's about making sure that when you're wrong, it's a paper cut, not a decapitation.***

WORKED EXAMPLES:

Trade Idea 1: High-Conviction Breakout (SOL)

- **Thesis:** SOL is breaking out of a 3-month consolidation range ahead of its annual conference.
- **Catalyst?** Yes, conference next month. (1 pt)
- **Data?** Yes, DeFi TVL on Solana has been climbing for 4 straight weeks. (1 pt)
- **R:R > 3:1?** Yes, entry at the breakout, stop below the range, target at previous ATH. (1 pt)
- **Narrative?** Yes, L1s are a hot narrative. (1 pt)
- **Independent?** Yes, it's a fresh entry. (1 pt)
- **Total Score: 5/5 → Max Size (1.5x RPT)**

Trade Idea 2: Speculative Narrative Play (a new AI token)

- **Thesis:** This new token could be the next big AI play.

- **Catalyst?** No, just general hype. (0 pts)
- **Data?** No on-chain data yet, too new. (0 pts)
- **R:R > 3:1?** Yes, the chart offers a clear entry/stop/target setup. (1 pt)
- **Narrative?** Yes, AI is the top narrative. (1 pt)
- **Independent?** Yes, fresh entry. (1 pt)
- **Total Score: 3/5 → Standard Size (1.0x RPT)**

WORKSHEET

CONVICTION SCORING RUBRIC

For Trade Idea: [Asset & Thesis]

1. Catalyst Clarity? (Y/N) ____________

2. On-Chain/Data Confirmation? (Y/N) ____________

3. R:R > 3:1? (Y/N) ____________

4. Narrative Alignment? (Y/N) ____________

5. Position Independence? (Y/N) ____________

TOTAL SCORE: ____________ / 5

SIZE MULTIPLIER: ____________ (0.5x, 1.0x, or 1.5x)

ACTION ITEMS

- Take one trade idea you have right now and run it through the 5-Point Conviction Rubric.
- Calculate its size multiplier (0.5x, 1.0x, or 1.5x).

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Lever 3: The Volatility Adjustment

Your conviction doesn't matter if the market is insane.

The final lever isn't about you. It's about the market. Entering a trade when volatility is dead quiet is completely different from entering when prices are swinging 10% an hour. Your position size needs to reflect that reality. Sizing should shrink when the market is chaotic and expand when it's calm.

We can measure this chaos mechanically using a standard indicator called Average True Range (ATR). You don't need to know the math behind it. Just think of it as a volatility score. When ATR is high, the market is wild. When ATR is low, the market is quiet.

HOW TO FIND ATR (IN 30 SECONDS ON TRADINGVIEW)

1. Open a chart for the asset you want to trade.
2. Click 'Indicators' at the top.
3. Search for 'Average True Range' and click on it.
4. A new panel will appear below your chart showing the ATR line. That's it.

We're just going to look at whether the current ATR is high, normal, or low compared to its recent history. A simple way is to add a moving average to the ATR itself. Is current ATR above or below its 14-day average? That's all we need to know.

THE VOLATILITY ADJUSTMENT TABLE

This table gives you the third and final multiplier for our sizing formula. It's a simple, non-negotiable rule.

MARKET CONDITION	ATR READING	SIZE MULTIPLIER
Low Volatility	ATR is significantly below its 14-day average	**1.2x**
Normal Volatility	ATR is near its 14-day average	**1.0x**
High Volatility	ATR is spiking far above its 14-day average	**0.6x**

During a market panic or a huge breakout, ATR will spike. This table automatically forces you to cut your size by 40%, preserving your capital. When things are consolidating and quiet, it gives you permission to slightly increase your size to take advantage of the calm.

> ***This lever forces you to respect the market's mood, taking the ego out of your sizing when it matters most.***

PUTTING IT ALL TOGETHER: THE FINAL FORMULA

We now have all three levers. Here's how they combine into a single dollar amount to risk.

Max Loss Per Trade ($) = (Your RPT in $) × (Conviction Multiplier) × (Volatility Multiplier)

Let's run a full example.

- **Your Portfolio:** $75,000
- **Your Calibrated RPT:** $1,125 (from Lever 1)
- **Your Trade Idea:** The high-conviction SOL breakout from the last section.
- **Conviction Score:** 5/5, which gives a **Conviction Multiplier of 1.5x** (from Lever 2).
- **Market Conditions:** It's a major breakout, so volatility is spiking. ATR is high.
- **Volatility Multiplier:** From our table, high vol gives a **Volatility Multiplier of 0.6x** (from Lever 3).

Calculation:

Max Loss = $1,125 (RPT) × 1.5 (Conviction) × 0.6 (Volatility)
Max Loss = $1,012.50

See what happened? Your high conviction told you to size up, but the market's high volatility forced you to scale back. The system balanced your aggression with market reality, arriving at a final, objective risk amount.

This dollar amount is the *most you can lose* if your stop-loss gets hit. The next section gives you a calculator to turn this into your final position size.

TEMPLATE

Volatility Adjustment Table:

MARKET CONDITION	ATR READING	SIZE MULTIPLIER
Low Volatility	Below 14d MA	1.2x
Normal Volatility	Near 14d MA	1.0x
High Volatility	Above 14d MA	0.6x

ACTION ITEMS

- Open TradingView and add the ATR indicator to a chart.
- Check the current ATR for BTC or ETH. Is it in a high, normal, or low volatility regime?

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The 3-Lever Sizing Calculator

From theory to trade in 60 seconds.

This is the final step. Here, we translate the maximum dollar loss we just calculated into the actual amount of crypto you need to buy. This page is your pre-flight checklist before every single trade.

The formula is simple: **Position Size = Max Loss Per Trade ($) ÷ (Entry Price - Stop Price)**

But to make it even easier, just fill in the blanks below.

> ***Bookmark this page. Print it out. This is the single most important calculation you'll make as a trader.***

THE 3-LEVER SIZING CALCULATOR

Step 1: Your Sizing Inputs (From the Levers)

- **My Crypto Portfolio Value:** $
- **My Calibrated RPT (%):** %
- **My Conviction Multiplier (0.5x, 1.0x, 1.5x):** x
- **My Volatility Multiplier (0.6x, 1.0x, 1.2x):** x

Step 2: Your Trade Inputs (For this specific trade)

- **Asset Ticker:** $
- **My Entry Price:** $
- **My Stop-Loss Price:** $

Step 3: The Calculation

A. **My RPT in Dollars** = (Portfolio Value) × (RPT %)
$________ × ________% = $________

B. **My Max Loss Per Trade ($)** = (RPT in $) × (Conviction Multiplier) × (Volatility Multiplier)
$________ × ________ × ________ = $________

C. **My Stop Distance ($)** = (Entry Price) - (Stop-Loss Price)
$_______ - $_______ = $_______

D. **FINAL POSITION SIZE (Units)** = (Max Loss Per Trade) ÷ (Stop Distance)
$_______ ÷ $_______ = _______ units of the asset

E. **FINAL POSITION SIZE ($)** = (Position Size in Units) × (Entry Price)
_______ units × $_______ = $_______

COMPLETED EXAMPLE (USING THE SOL TRADE)

- **Step 1 Inputs:** $75000 portfolio, 1.5% RPT, 1.5x Conviction, 0.6x Volatility.
- **Step 2 Inputs:** SOL, Entry $150, Stop $135.
- **Step 3 Calculation:**

  1. **RPT in Dollars:** $75,000 × 1.5% = $1,125
  2. **Max Loss:** $1,125 × 1.5 × 0.6 = $1,012.50
  3. **Stop Distance:** $150 - $135 = $15
  4. **Position Size (Units):** $1,012.50 ÷ $15 = **67.5 SOL**
  5. **Position Size ($):** 67.5 SOL × $150 = **$10,125**

So, for this trade, you would buy $10,125 worth of SOL. If your stop at $135 gets hit, you will lose exactly $1,012.50, which is the pre-calculated maximum risk your system allowed. The math is guaranteed. Your survival is no longer a matter of luck.

WORKSHEET

3-LEVER SIZING CALCULATOR

Step 1: Your Sizing Inputs

Portfolio Value: $ ____________

RPT (%): ____________ %

Conviction Multiplier: ____________ x

Volatility Multiplier: ____________ x

Step 2: Your Trade Inputs

Asset: $ ____________

Entry Price: $ ____________

Stop-Loss Price: $ ____________

Step 3: The Calculation

Max Loss Per Trade ($) = (Portfolio * RPT%) * Conviction * Volatility = $ ____________

Stop Distance ($) = Entry - Stop = $ ____________

FINAL POSITION SIZE (Units) = Max Loss / Stop Distance = ____________ units

FINAL POSITION SIZE ($) = Units * Entry Price = $ ____________

ACTION ITEMS

- Take the trade idea you scored in the previous section and run it through the full calculator.
- Calculate your final position size in both units and dollars.

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The Pre-Trade Checklist & The Trade #2 Protocol

Good systems need guardrails.

The calculator is a tool, but you're still the one operating it. It's easy to get excited, bend the rules, and tell yourself 'this time is different.' These two final tools are designed to prevent that. They are simple, non-negotiable protocols to run before a new trade and after a winning trade.

THE PRE-TRADE CHECKLIST

Before you click 'buy', you must be able to answer YES to all nine of these questions. If you get a single NO, you don't take the trade. You close the chart and walk away. No exceptions.

> ***You can't fix what you don't track. This checklist is your first line of defense against your own worst instincts.***

✅ The Pre-Trade Checklist

1. Have I run this idea through the Conviction Scoring Rubric?
2. Have I calculated my final position size using the 3-Lever Sizing Calculator?
3. Is my calculated position size the *exact* size I'm about to enter? (Not a little bit more?)
4. Is my stop-loss a specific price, and is it already set in the exchange?
5. Is my first take-profit target a specific price?
6. Does this trade align with my overall portfolio strategy?
7. Am I calm and thinking clearly, not trading out of boredom, FOMO, or anger?
8. If this trade immediately hits my stop-loss, will I be financially and emotionally okay?

9. Do I have a plan for what I'll do if the trade goes my way? (e.g. trail my stop, take partial profits)

THE TRADE #2 PROTOCOL

Winning feels great. It also makes you feel invincible, which is the most dangerous emotion in trading. The time you're most likely to take a stupid, oversized trade is right after a big win. The Trade #2 Protocol is a mandatory cooling-off period to break that cycle.

After any winning trade where you hit your profit target, you must follow these four steps before entering your next trade:

Step 1: Document the Win. Open your trade journal and write down what worked. Why was the entry good? Why was the thesis correct? Why was your management of the trade effective?

Step 2: Shrink Your Next Trade. For your very next trade, and only that trade, you must use a Conviction Multiplier of 1.0x, regardless of its score. This forces you to take a standard-sized position and prevents you from immediately rolling your winnings and confidence into a max-size bet.

Step 3: Step Away for at Least One Hour. Close the charts. Go for a walk. Do anything other than look for the next trade. Let the euphoria fade and allow your analytical brain to come back online.

Step 4: Re-run the Full Checklist. When you do find your next setup, you must run it through the entire 3-Lever system and Pre-Trade Checklist from scratch, as if the last win never happened.

This feels like a drag when you're on a hot streak. That's the point. It's a circuit breaker designed to protect you from your own success.

WORKSHEET

PRE-TRADE CHECKLIST:

1. Conviction Score calculated? □
2. 3-Lever Size calculated? □
3. Exact size being used? □
4. Stop-loss set in exchange? □
5. Take-profit target set? □
6. Aligns with strategy? □
7. Trading with a clear head? □
8. Okay with max loss? □
9. Have a plan for a win? □

TRADE #2 PROTOCOL:

1. Document the previous win in a journal.
2. Use a 1.0x Conviction Multiplier on the next trade.
3. Step away from charts for 1 hour.
4. Re-run the full checklist from scratch.

ACTION ITEMS

- Download or print the Pre-Trade Checklist.
- Commit to using the Trade #2 Protocol after your next successful trade.

§ 01

Two Case Studies: The Blown Account & The Pro Series

Let's see the system in the wild.

Theory is one thing, but seeing how this plays out in real trading sequences is what makes it stick. Here are two stories: one showing how the 3-Lever system prevents catastrophe, and one showing how a pro uses it to manage risk over a series of trades.

CASE STUDY #1: THE BLOWN ACCOUNT

Meet Alex. Alex has a $20,000 account and heard that a new L2 token, $XYZ, is going to be the next big thing. He doesn't use a system; he trades on gut feel.

Trade 1: Alex buys $5,000 of $XYZ. It's a 25% position. His 'stop loss' is a mental one. The coin rips 50% in two days. He feels like a genius. His account is now at $22,500.

Trade 2 (The Mistake): Flush with confidence, he decides to go bigger. 'This is the one,' he thinks. The coin dips slightly. He sees it as a gift and buys another $10,000. He now has a $15,000 position in a $22,500 account. That's a 67% allocation.

The End: A whale dumps. The token crashes 60% in an hour. Alex's $15,000 position is now worth $6,000. He lost $9,000. His total account is now $13,500. A 40% drawdown in one afternoon because he sized based on emotion.

How the 3-Lever System Would Have Saved Alex:

1. **RPT Calculation:** For a $20k account, Alex's RPT would be around $300 (1.5%). His absolute max loss per trade would be capped.
2. **Conviction Score:** His thesis was pure narrative. Let's say he scored it a 3/5. His multiplier would be 1.0x. He'd be allowed to risk $300.
3. **Position Size:** To risk just $300 with a reasonable 10% stop-loss, his position size would have been $3,000, not $5,000 and certainly not $15,000.

4. **The Trade #2 Protocol:** After the first win, the protocol would have FORCED him to use a 1.0x multiplier and take a standard size on the next trade, preventing the oversized emotional bet that wrecked him.

> ***If a fifty percent drawdown ends your belief, the asset was never the problem.***

CASE STUDY #2: THE PRO SERIES

Now meet Sarah. She runs a $100,000 account and uses the 3-Lever system religiously. Her calibrated RPT is 1.2%, or $1,200.

Trade 1: Mean Reversion on ETH. Volatility is low, but her conviction is middling (3/5).
Calculation: $1,200 (RPT) × 1.0 (Conviction) × 1.2 (Low Vol) = $1,440 risked.
Result: Hits her 3R target. Win.

Trade 2: Narrative Play on a new RWA token. She runs the Trade #2 Protocol. Conviction must be 1.0x. Volatility is normal.
Calculation: $1,200 (RPT) × 1.0 (Protocol) × 1.0 (Normal Vol) = $1,200 risked.
Result: Stop-loss hit. Loss.

Trade 3: High-Conviction Breakout on BTC. This is an A+ setup. Conviction is 5/5. But the breakout causes high vol.
Calculation: $1,200 (RPT) × 1.5 (Conviction) × 0.6 (High Vol) = $1,080 risked.
Result: Hits her 4R target. Big win.

Trade 4: Scalp trade. Low conviction (2/5), just testing a thesis. Normal vol.
Calculation: $1,200 (RPT) × 0.5 (Conviction) × 1.0 (Normal Vol) = $600 risked.
Result: Stop-loss hit. Small loss.

Look at the pattern. Her risk wasn't static. It flexed based on the quality of the setup and the state of the market. Her biggest risk was on the low-vol ETH trade, not the high-conviction breakout. Her smallest risk was on the low-conviction scalp. Over dozens of trades, this disciplined flexing of risk is what creates a smooth equity curve and keeps her in the game forever.

ACTION ITEMS

- Review your last five trades. How did you size them?
- Retroactively apply the 3-Lever system. Would you have sized them differently?

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Your First 3 Trades & Next Steps

You have the system. Now use it.

Knowledge is useless without action. The only way this playbook will change your trading is if you apply it without exception. Don't 'kind of' use it. Don't use it only on the trades you're unsure about. Use it on every single trade.

YOUR MISSION: THE NEXT 3 TRADES

Here's the challenge. For your next three trades, no matter how small, you must:

1. Use the **RPT** you calculated.
2. Score them with the **Conviction Rubric**.
3. Check the **Volatility Multiplier**.
4. Calculate the final size with the **Calculator**.
5. Run the **Pre-Trade Checklist**.

Do this just three times. Get a feel for the rhythm of the system. See how it feels to enter a trade with mathematical certainty about your risk. This is how you build the discipline that separates professionals from hobbyists.

> ***The price of entry to this game isn't money. It's discipline. This is your operating system for it.***

WHERE TO GO FROM HERE

This playbook gives you a professional-grade system for risk management. That's the foundation. But it doesn't tell you *what* trades to put into the system.

Finding high-conviction ideas, running on-chain analysis, and tracking narratives is the other half of the equation. That's what we do all day, every day inside **The Inner Circle**.

If you found this playbook valuable, and you're ready to find more A+ setups to feed into your new sizing system, then our research is the logical next step. We provide the thesis; you use this playbook to execute it.

Thanks for reading. Now go execute.

ACTION ITEMS

- Commit to using the full 3-Lever system on your next three trades.
- Check out The Inner Circle for our latest research and trade ideas.

§ 01

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Everything cited in this guide traces back to these sources. Open them. Verify the claims. That's the whole point.

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